

YOUR NAME

NUMEROLOGY
REPORT

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NUMEROLOGY 101

Numerology has been around as long as numbers have, we are constantly experiencing numbers. We live in a numeric world with numeric systems, think about how many times a day you see & use numbers – checking the time, money, using technology – computer coding is made up of a series of 1's & 0's, even the frequency of music is measured in numbers; like 472hertz.

Numerology is based on the principle that everything in the universe, including numbers, is made up of energy & is vibrating at its own wavelength.

Each number holds a unique vibration (Numbers = energy/frequency)

Numbers are our energetic messengers & every number has a specific message it wishes to convey (Like angel numbers 11:11)

Like an astrological chart, each person has a numerological chart (a.k.a cosmic code) that is unique to them & calculated through their birth date & though your legal name given at birth. The unique vibration of your numbers (chart) makes up your unique vibration.

Numerology works on the belief that we choose our birthdays, names, parents, life path & destiny in a 'soul contract' before we are birthed earth side.

LIFE PATH

LIFE PATH = YOUR GIFTS, TALENTS AND PURPOSE.

WHAT YOU WERE BROUGHT TO THIS EARTH TO SHARE AND WHO YOU ARE AT YOUR CORE

Knowing your *life path* number helps you understand your inner world & know yourself deeper.

This will help you tap into your personal power.

Your *life path* number highlights what your talents naturally lend themselves to. Know your shadow side, as well as the light & the person you are meant to become.

It's an insight into your strengths, challenges & sacred calling.

It's something you grow into over the course of a lifetime.

YOU ARE A LIFE PATH: 1

THE INDEPENDENT LEADER

The path of the creative pioneer

The 1 is the first out the gate in numerology & represents the leader. They have the drive to be – no pun intended – number one in all that they do. At its core, the energy of the 1 is proactive & represents the initiators, innovators & visionaries of our society. Its destiny is to become self-assured & independent in all areas of its life. The 1 came here to create movements & shifts in our culture by sharing its unique, creative perspective with the world. When the 1 is fully realised, it stands strong in its power, often leading humanity towards places we have yet to explore. Highly creative & intuitive, the 1 is constantly thinking outside the box, while still having the ability to remain razor sharp & focused on its goals. These are the creatives who never lack imagination & vision. The marriage of creativity & determination are what take the energy of the 1 very far in life. The shadow side of the 1 is that it didn't come here to fit in; it came here to create a movement, to stand out by innovating the space that it's in. The 1 is all about creating something new. New ideas & new beginnings feature prominently in the life of a 1 & because of this, the 1 can feel very isolated. Being on the frontlines of change can have its drawbacks and Life Path 1 will stumble & fall more than most throughout the course of its lifetime. However, it is important to recognise that the 1's strength lies in realising that what it perceives as failure is actually giving it the necessary experience required to become a true leader. As the lone wolves leading the pack, 1s often feel & are misunderstood. They don't really fit in anywhere. & it's not that they aren't liked or that people don't get along with them, it's that they think so differently from how society has conditioned us to think. They consistently, without trying, challenge the status quo & go against the grain. If you are a Life Path 1, know that self-doubt will be your biggest struggle to overcome. Most Life Path 1s do not want to stand out or be seen, but it is crucial that they are the ones leading in whatever they do. They must embrace their uniqueness & learn to trust themselves.

Key Terms: Innovation, leadership, independence, imagination, unconventional, beginnings, initiating, original, individualistic & creative.

Notable Figures with Life Path 1: Bradley Cooper, James Corden, Miley Cyrus, Lady Gaga, Prince Harry, Steve Jobs, Martin Luther King Jr.,

LIFE DESTINY

LIFE DESTINY = HOW YOU WILL SHARE THESE GIFTS WITH THE WORLD, THE PATH TO ACHIEVING YOUR LIFE'S PURPOSE

LIFE DESTINY:

To become number one at all you set your mind to. You are here to develop unwavering self-confidence, independence & most importantly, learn how to lead others effectively.

QUESTIONS:

- **In what ways are you being nurturing towards yourself & others?**
- **Do you feel balanced in how much you are giving vs how much you are receiving?**
- **What relationships are you prioritising now? Which relationships do you feel you should be prioritising?**
- **In what ways do you feel the most nurtured? It could be when a loved one takes care of you, taking a bath, eating a nice meal, spending time with loved ones.**

YOU ARE HERE TO: Be a creative pioneer

BY: Using your innovative ideas to lead humanity to places it has yet to discover

SOUL URGE

The *Soul number* speaks to what truly fulfils us on a soul level. This number represents our deepest desires, the inner workings of our thoughts & feelings, our motivations, our dreams & the things we yearn for most.

Oftentimes, the *Soul Urge* is so ingrained within us that we do not fully recognise its impact or presence. Knowing this number can help you align with the people, places & things that ignite the fire within you & allow your soul to soar to new heights.

SOUL URGE: 1

Be independent, express your individuality, lead through your creativity & become the best at everything you do.

BALANCE

How you handle & resolve conflict & challenges & how to bring yourself back into alignment.

BALANCE: 1

Do not isolate yourself during times of turmoil. You may try to take on the weight of the world all on your own, but it is important that you do the opposite. Share your feelings with close friends & family & be open to their perspectives. Allow others to counsel you.

Once you have received appropriate feedback, take action.

KARMIC LESSONS

Areas for growth, these are the lessons that have yet to be understood & fully integrated, areas that have been carried over from previous incarnations.

These can be overcome at any age, from childhood through to old age depending on self-awareness & life experience.

Karmic lesson 1 - You are being asked to stand up for yourself & the things you believe in. in order to do this you must strengthen your ability to lead. Taking the initiative & being purposeful in all areas of your life. Self-doubt may lead you to suppress yourself, but it is imperative that you do not hide in the background or allow fear to prevent you stepping out & sharing your unique perspective with the world. Empower yourself & raise your self-worth.

Karmic lesson 3 - Represents someone who is far too hard on themselves. There is a serious need to develop compassion & love for yourself, so treat yourself as you would a close friend or lover. With a karmic lesson 3 it is easy to see how wonderful everyone else is, while constantly putting yourself down. Release perfectionism & realise that everyone is on their own path. Comparison is the thief of joy. You are your own unique person & that is your gift to the world. Find ways to be more loving to yourself. surround yourself with the people, place & things that uplift you.

Karmic Lesson 8 - Points to an ability to earn money, but a struggle to hold on to it. With this number, you can experience tremendous anxieties around finances & even financial swings. This is the Karmic Lesson Number that will force you to realise your own limitations in regards to money & power. It is imperative that you use caution when approaching all money related matters. It is important not to rely too heavily on credit cards, do not be tempted to spend money you do not have.

CAREER / BUSINESS

Life path 1s are most suited to career paths where they are the ones leading. They are here to contribute a unique vision & to innovate whatever space they occupy. The 1 brings passion & drive & their career path can be quite colourful as they love to initiate something new, then move on to the next thing that lights them up.

Possible career paths:

Entrepreneur
Entertainment - singer, actor, agent
Politician
Inventor
Fashion Designer
Head Chef
Restaurateur
Lawyer
Athlete

If you own a business, the numerology description of your business will be here



YOU LIVE IN A 3 HOME

CREATIVE, FUN & SOCIAL

3 Homes are great for people who want to have spontaneous fun, make new friends & express themselves.

In numerology, number 3 is known to nurture creativity as well as communication. It's a number that vibrates with lively & expressive energy, making it ideal for those who thrive in social environments & enjoy the arts. People who live in house number 3 tend to be good in social interactions, communication & collaboration.

Such houses are ideal for those who are working in creative fields.

Light

- **Creativity:** A house with the number 3 is said to nurture talent & sparks creativity. It's a good place for artists, photographers/film makers & writers.
- **Open Communication:** It's said to promote effective communication & embrace self-expression.
- **Energy:** It's said to exude positive energy, a positive mindset & a sense of freedom, gratitude & happiness. Good energies of this home contribute to a harmonious living environment.
- **Socialising:** Residents will prioritise friends & family. This house number provides ample opportunities for joyful gatherings.

Shadow

- **Disorganisation:** It might not be the cleanest house or the best for discipline.
- **Gossip can backfire** in a house with the number 3.
- **Work-life balance:** It might be so much fun that not much work gets done
- **Residents may find it challenging to focus on one task at a time.**
- **Continuous activity & socialising** in such properties might cause exhaustion.
- **While House Number 3 is a space of creativity & spontaneity, it can also lack a sense of stability.**
- **The constant flow of ideas, people & activities can create a chaotic environment.**
- **The social & vibrant atmosphere of house number 3 can cause distractions.**

COMPATIBILITY

What a Life Path 1 wants and needs in love: independence, to be the star of the show, praise, to feel unique and special, a supportive cheerleader type, to feel in control. A partner who understands how unique they are and does not try to change or control them.

As such, they are on the same wavelength with 1s, 2s and 5s, but challenges may arise between 4s and 6s.

Compatibility with your loved ones/significant people in your life here



MATURITY 35+

The energy, traits & qualities that we take on as we mature.

Your *life path* number never changes, you will always be a *Life Path 1* however, as the *Maturity number* comes into the picture you will subtly be influenced by the energy of a *Life Path 7*

Everyone matures at different ages & stages but typically this is around 35 (give or take) when you will start to notice some of the below description being infused into your life.

7: THE SEEKER

The lifelong path of truth & intuitive knowledge gathering

The 7 is the number of the Seeker. This is the philosopher's number. It is focused on wisdom, knowledge gathering & introspection. It is the most spiritual of all the numbers, only rivalled by the Master Number 11. But while the 11 is spiritual in a cosmic, otherworldly sense, the 7 is spiritual in a very grounded & philosophical way. A true introvert & incredibly private, the Life Path 7's journey is often a solitary & inward one. The biggest motivating factor in a 7's life lies in the pursuit of truth, knowledge & committing itself to a sacred calling. The 7 has an incredible gift of being able to ignore the outside world & stay singularly focused on its mission. It is not a number that is easily distracted & it has the potential to be masterful at its craft. For example, many life Path 7s are athletes who have committed themselves to mastering the game. They eat, breathe & obsessively study their sacred calling. The 7 doesn't mind spending time alone in quiet introspection; in fact, that is where they most thrive! Sharing its findings & wisdom with humanity is a big part of the Life Path 7. It is here to know itself intimately & to access great wisdom from within. The shadow side of the 7 is that it sometimes can't see the forest for the trees. It can get very caught up within itself & its own mind, exhibiting selfish behaviours. It can isolate itself a little too much, to the point where it becomes an island in itself, out of touch with reality & other people's thoughts & feelings. It's important that the 7 finds a balance between dwelling in their own introspective & murky waters & getting out & living life. Don't become a judgemental hermit, Life Path 7! The 7 is extremely private & I cannot stress this enough. They want to be in control of how others see them & they do not want their personal business out in the open. This can sometimes lead them to being incredibly reclusive or isolated. It is not that they do not enjoy socialising or that they aren't good at it; it is that they require a certain amount of time alone to process life. In order to reach its fullest potential, the 7 needs to learn to trust its gut feeling. It must use the knowledge & wisdom it attains through deep introspection for the betterment of everyone, including themselves. Trust yourself & your deep inner knowing enough to share your vision with the world.

Key Terms: seeking, philosophy, introvert, knowledge, study, truth, spirituality, analytical, meditative, focused & abstract.

UNIVERSAL YEAR NUMBER

Is the energy we are experiencing on a collective level

PERSONAL YEAR CYCLE

Is what you are experiencing & working through individually

Personal year & monthly cycles repeat 1-9 on a loop.

If we look back through previous **Universal** years...

2020 was a year 4 - Foundations, hard-work, challenge

A rocking of foundations due to the pandemic, this saw job losses, relationships not surviving lockdowns, financial hardships etc. A very challenging year for most.

2021 was a year 5 - Change & travel

Lots of change within society. The world was especially effected by change in the realms of travel with restrictions on travel or cancelled travel plans.

2022 was a year 6 - Healing

We saw the world beginning to heal post pandemic.

2024 was a year 8 - Money, finances, personal power

We saw power struggles & exerting of power among world leaders eg. Trump and Putin, cost of living crisis rising, crypto currency hitting all time highs.

A LOOK BACK THROUGH YOUR PREVIOUS YEARS

2025	4	2020	8
2024	3	2019	7
2023	2	2018	6
2022	1	2017	5
2021	9	2016	4

Think back or look back through social media to see what showed up for you in each year, correlating with the themes & energy for that personal year number. Are there any reoccurring lessons yet to be overcome/resolved? or patterns of things that happened? or emotions you felt?

For example, if both 2025 & 2016 are personal year 4's for you, are there any similarities or parallels? e.g maybe you moved house in these two years or experienced significant challenges at work; seen as a year 4 is all about *foundations, challenge, hard work & breakthroughs*

Because all of our charts are unique with no two charts the same, energy shows up differently for each of us. For example, if you are a life path 4, you will thrive in the energy of a personal year 4, however you may find your personal year 5 extremely challenging with all the change that it brings, as life path 4's crave stability & routine.

PERSONAL YEAR 1

A year of new beginnings, opportunities, independence & rebirth - a year of self. Personal year 1's are a time of rebirth & new beginnings. Entering a year 1 will feel as if a weight has been lifted off your shoulders & you can finally take a deep breath! You have just endured an intense three-year transitional period of the 7,8,9, leading you towards a fresh start & new version of you.

The 7,8, 9 year cycles are a time of deep transformation, where every part of you that no longer resonates or that does not serve you must be shed. Similar to a snake shedding its skin, you must let go of all the parts of yourself that no longer resonate with the person you are becoming. This could be beliefs, certain people, places, things, or a total shift in mindset. You must release your past in order to call in in the new life you are creating. By the time you enter your personal year 1, you are an entirely new person & you are able to reinvent yourself in unexpected ways. New opportunities will present themselves to you during this time, so be prepared to take action. The 1 is the number of the innovator so rest assured that you will not only be innovating your internal world, but also your outer world. This is the year to get really clear on your intentions & to start planting those seeds. What you plant in a year 1 tends to take seed for the entire 9 year cycle. This is a time to focus on yourself & your own needs. What do you truly want in life? what will make you feel most fulfilled? It is really important that this year you cultivate a strong relationship with yourself, before you enter your year 2 which is all about relationship/partnership/others. If there was ever a time to be selfish, it is this year. The most important relationship you will ever have is the one with yourself. When you learn to love yourself unconditionally, there is nothing that you cannot overcome or handle. Focus on your independence & stepping into your role as a leader.

HOW TO MAKE THE MOST OUT OF THIS ENERGY

- **Take immediate action on any opportunities that present themselves**
- **Get clear on your intentions & plant seeds – maybe you want to launch a new business or start a new relationship?**
- **Cultivate a relationship with yourself (what do you truly want? What will make you feel most fulfilled?)**
- **Focus on your independence**
- **Step into your role as a leader**

MONTHLY CYCLES

While the year cycle is the protagonist in the story, the month cycle is the supporting character. By knowing the nature of the monthly cycle you are in, you will have a greater awareness of the energy that is most supported at any given time & how to make that energy work for you.

When you know a specific energy is coming, you can prepare for it.

MONTHLY CYCLE FOR 2025

JANUARY 2 - Balance, partnerships, patience, harmony, slow & steady
FEBRUARY 3 - Communication, heart-opening, socialising, creativity, fast-paced
MARCH 4 - Foundations, hard-work, breakthroughs, challenge
APRIL 5 - Change, new experiences, travel, freedom
MAY 6 - Relationships, love, responsibilities, healing, magnetism
JUNE 7 - Introspection, spirituality, knowledge gathering
JULY 8 - Money & finances, personal power, achievement
AUGUST 9 - Endings, completion, reflection, surrender
SEPTEMBER 1 - New beginnings, opportunities, independence
OCTOBER 2 - Balance, partnerships, patience, harmony, slow & steady
NOVEMBER 3 - Communication, heart-opening, socialising, creativity, fast-paced
DECEMBER 4 - Foundations, hard-work, breakthroughs, challenge

The month of September is the same # as your current personal year, which means those themes/energy is extra heightened. This month can often be the pinnacle of the year, or the big reveal.

To lean into the 'light side' qualities of next year, rather than the 'shadow side' qualities, you must do the ground work this year to set yourself up for making the most out of the supportive energy that is available to you next year.

For example, if next year is a personal year 8, you will want to prepare for it in your current year 7. By establishing good money habits, making sure any debts are paid, getting clear on your boundaries & worth & knowing exactly what it is that you want to achieve next year. This will ensure an abundant year!

If you enter the year 8 not having tended to the ground work, you may run the risk of falling into the shadow side; which could see things such as bankruptcy, debts, large & unexpected bills, power struggles, etc.

YOUR DAYS OF THE WEEK

FRIDAY - Day you were born is your best day for communication

SATURDAY - Best day for love, having fun, indulging in self-care & treating yourself to something nice

SUNDAY - Best day for pushing through with goals. You are feeling energetic, competitive & lively

MONDAY - Luckiest & usually best day of the week. The day you are most likely to have financial gains

TUESDAY - Usually the hardest & most karmic day of the week, but also one where a lot can be accomplished if you work hard.

WEDNESDAY - The day you will be most surprised by unexpected events

THURSDAY - Best day to relax & indulge, watch a movie, read a book, create, meditate & escape.

HOW TO USE NUMEROLOGY AS A TOOL IN EVERYDAY LIFE

If your lifestyle & schedule allows then using your *days of the week* guide can bring more ease & flow to your everyday, by just implementing small things to align with the energy of each day.

If you use a planner, diary or some kind of calendar, you can sit down at the beginning of each new year & map out your *personal months* & use this to support decision making & planning when best to do specific things. E.g when to go on a trip, launch an offering, be social v.s be a hermit etc.

NUMEROLOGY CAN ALSO BE USED FOR:

- Naming children
- Choosing C-section dates
- Wedding dates
- Buying a house
- Naming a business or hiring staff
- Aligning with your partner
- Direction / purpose
- Dating / love / compatibility
- & More

WHAT HAPPENS WHEN YOU DON'T ALIGN WITH YOUR CURRENT ENERGY?

You will be met with a lot of resistance, like paddling up stream with hurdles, challenges & obstacles. The universe will find ways to slow you down & course correct. Expect things like sickness, injury or reoccurring lessons.

GLOSSARY

Life Path number - *What you were brought to this earth share, your gifts, talents & purpose; who you are at your core.*

Destiny number - *How you will share these gifts with the world, the path to achieving your life's purpose.*

Soul Urge number - *Your souls deepest cravings.*

Karmic lessons - *Areas for growth, challenges & lessons to overcome.*

Balance number - *How you handle & resolve conflict & challenges.*

Maturity number - *The energy, traits & qualities that we take on as we mature.*

Universal number - *Is the energy the world is experiencing on a collective level.*

Personal year number - *The energy & themes you are experiencing on an individual level for the current year.*

Personal month number - *The energy & themes you are experiencing month by month for the current year.*

WHERE TO FROM HERE

Each year the energy & themes you will experience will change, as the *personal year number* repeats on a 1-9 loop. I recommend at the beginning of each new year or the end of the current year, you book a yearly follow up, to understand what the year ahead is going to bring so you can make the most out of the energy that is available to you.

A YEARLY FOLLOW UP INCLUDES:

An updated report with current/upcoming personal year description,
How to make the most out of that energy & a break down of the monthly themes for that year.

A 30 minute call to go over any questions about the above information as well as personal guidance & yearly mapping for the year ahead.

\$55 NZD

You can also book a 30 minute call with me anytime throughout the year if questions arise, such as:

- Decision making/planning on when best to do specific things
- Naming children
- Choosing C-section dates
- Wedding dates
- Buying a house
- Naming a business or hiring staff
- Aligning with your partner
- Direction / purpose
- Dating / love / compatibility
- & More



*I am overjoyed that you chose to be curious & open to Numerology.
I hope this knowledge brings more clarity, direction, ease & flow to your life.*

I am deeply grateful for any word of mouth or social media support. If you know someone who you think would love this too, please pass on my services, so they too can utilise this powerful tool.

Thank you